

**Start Presentation**

## **Isaiah 53:4-5**

**4 Surely He has borne our griefs  
And carried our sorrows;  
Yet we esteemed Him stricken,  
Smitten by God, and afflicted.**

**5 But He was wounded for our transgressions,  
He was bruised for our iniquities;  
The chastisement for our peace was upon Him,  
And by His stripes we are healed.**

# Reality

The world or the state of things as they actually exist, as opposed to an idealistic or notional idea of them.

**"he refuses to face reality"**

## **Psalms 119:165**

**165 Great peace have those who love Your law,  
And nothing causes them to stumble.**

## **Isaiah 26:3**

**3 You will keep him in perfect peace,  
Whose mind is stayed on You,  
Because he trusts in You.**

Changing Your Reality

God's Peace

# Facing Your Reality

Taking The Temperature

## **1 Peter 5:6-7**

**6 Therefore humble yourselves [demote, lower yourselves in your own estimation] under the mighty hand of God, that in due time He may exalt you,**

**7 Casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all] on Him, for He cares for you affectionately and cares about you watchfully**

## **James 3:14-17**

**14 But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth.**

**15 This wisdom does not descend from above, but is earthly, sensual, demonic.**

**16 For where envy and self-seeking exist, confusion and every evil thing are there.**

**17 But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy.**

## Colossians 3:15

**15 And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful. [NKJ]**

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**15 And let the peace (soul harmony which comes) from Christ rule (act as umpire continually) in your hearts [deciding and settling with finality all questions that arise in your minds, in that peaceful state] to which as [members of Christ's] one body you were also called [to live]. And be thankful (appreciative), [giving praise to God always]. [AMP]**

# Facing Your Theology

Changing The Temperature

## **Ephesians 4:29-32**

**29 Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.**

**30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.**

**31 Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice.**

**32 And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.**

## John 14:27

**27 Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid. [KJV]**

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**27 Peace I leave with you; My [own] peace I now give and bequeath to you. Not as the world gives do I give to you. Do not let your hearts be troubled, neither let them be afraid. [Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.] [AMP]**

## **1 Peter 5:8-9**

**8 Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour.**

**9 Stand firm against him, and be strong in your faith. Remember that your family of believers all over the world is going through the same kind of suffering you are.**

# Choosing Your Reality

Setting The Temperature

## **Romans 8:5-6**

**5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, [set their minds on] the things of the Spirit.**

**6 For to be carnally minded is death, but to be spiritually minded is life and peace.**

## Colossians 3:1-2

**1 If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God.**

**2 Set your mind on things above, not on things on the earth.**

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**2 Yes, feast on all the treasures of the heavenly realm and fill your thoughts with heavenly realities, and not with the distractions of the natural realm.**

## **Philippians 4:6-8**

**6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.**

**7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.**

**8 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.**

# Changing Your Reality

## God's Peace

- **Facing Your Reality**  
Taking The Temperature
- **Facing Your Theology**  
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The End